Spirulina Tablets
with beta-carotene & phycocyanins - Nature's wonderful greens

Contains: 360 tablets

Information
Spirulina (Spirulina platensis) belongs to the family of cyanobacteria known from blue algae. The microalga is considered to be the ancestor of more developed algae and plants and contains the same green colour called chlorophyll. Spirulina owes its natural blueish-green colour to a mix and overlapping layers of pigments such as chlorophyll (green), beta-carotene (orange) and phycocyanin (blue). These pigments are vital for the tiny blue alga as photosynthesis takes place within them. Spirulina produces the nutrients it needs in order to grow from carbon dioxide and sunlight.

Spirulina tablets are a high-quality dietary supplement. They contain 400 mg of Spirulina platensis powder per tablet. The powder is made from Spirulina aquacultures.

Particularly recommended for all those who are looking for natural dietary supplement.

Information about microalgae
There are an estimated 400,000 different types of algae worldwide, of which only 20% have been discovered and described so far. Algae are used in foods, dietary supplements or cosmetics. Scientists and researchers are increasingly looking into the mode of action of microalgae.

One tablet contains
400 mg Spirulina platensis powder (including 36 mg phycocyanins and 560 μg beta-carotene corresponding to 93.3 μg RE Vitamin A), 190 μg beta-carotene corresponding to 32 μg RE vitamin A.

Ingredients
Spirulina powder (87.0%); maize starch; firming agent: gum arabic; release agent: monoglycerides and diglycerides of edible fatty acids; firming agent: silicon dioxide; beta-carotene.

Information concerning nutrients and substances with a specific nutritional effect

<table>
<thead>
<tr>
<th>nutrients</th>
<th>per recommended dose (1 capsule/day)</th>
<th>% of the reference quantity*</th>
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<tbody>
<tr>
<td>Phycocyanins (aus Spirulina powder)</td>
<td>324 mg</td>
<td>**</td>
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<tr>
<td>Beta-carotene</td>
<td>6750 μg</td>
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<tr>
<td>consists of Spirulina powder and beta-carotene</td>
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<tr>
<td>corresponds Vitamin A</td>
<td>1125 μg RE</td>
<td>141%</td>
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* Reference quantity pursuant to directive 1169/2011 (EU)** No reference quantity available

Dietary supplement

Recommended dosage
Take three tablets, with some liquid, three times per day at mealtimes.

Note

- Do not exceed the recommended daily dose.
- Dietary supplements should not be used as a substitute for a balanced and varied diet. Make sure you adopt a healthy lifestyle.
- Do not store the product within the reach of small children.