Vitamin C 300 Plus Zinc Delayed Release Capsules

The special combination for the immune system + with retarded delivery of vitamin C

Contains: 90 capsules

Information

This product provides everything our Vitamin C 300 Delayed Release Capsules (Vitamin C 300 Langzeitkapseln) have to offer: 300 mg vitamin C in a delayed-release formulation.

The valuable vitamin C is contained in tiny "time capsules" from which it is gradually released into the organism where it can contribute to maintaining the immune function.

According to the EFSA, Vitamin C also contributes the functioning of the immune system during and after heavy physical exercise when an additional 200 mg are taken to the recommended daily amount of 100 mg.

Each capsule also contains 5 mg zinc. Like vitamin C, this trace element is a vital substance whose effect is well documented in the scientific literature.

According to an evaluation conducted by the EFSA, the mineral supports:

- the normal functioning of the immune system and the protection of cells from oxidative stress;
- metabolic processes such as protein synthesis (= the body's own protein production).

Antibodies are proteins!

Vitamin C 300 Plus Zinc Delayed Release Capsules contain a carefully balanced combination of two nutrients which support and complement each other in their functions and provide a high-quality dietary supplement that offers benefits beyond immune support.

One capsule contains

300 mg vitamin C, 5 mg zinc.

Ingredients

L-ascorbic acid; gelatine; bulking agent: microcrystalline cellulose; zinc gluconate; maize starch; coating agent: shellac; release agents: talc, glycerine; colours: titanium dioxide, iron oxides and iron hydroxides.

Information concerning nutrients and substances with a specific nutritional effect

<table>
<thead>
<tr>
<th>nutrients</th>
<th>per recommended dose (1 capsule/day)</th>
<th>% of the reference quantity*</th>
</tr>
</thead>
<tbody>
<tr>
<td>Vitamin C</td>
<td>300 mg</td>
<td>375 %</td>
</tr>
<tr>
<td>Zinc</td>
<td>5 mg</td>
<td>50 %</td>
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</tbody>
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* Reference quantity pursuant to directive 1169/2011 (EU)

Dietary supplement

Recommended dosage

One capsule to be taken daily, after breakfast with plenty of liquid.

Note

- Do not exceed the recommended daily dose.
- Dietary supplements should not be used as a substitute for a balanced and varied diet. Make sure you adopt a healthy lifestyle.
- Do not store the product within the reach of small children.