

Cinnamon Plus Capsules

with cinnamon extract

Contains: 120 capsules

Information

Cinnamon has been eagerly used for millennia as a fine spice to round off many dishes.

In addition to cinnamon, Cinnamon Plus Capsules contain a combination of selected nutrients specially adapted to the carbohydrate metabolism.

Zinc contributes to the carbohydrate metabolism and **chromium** to the maintenance of normal blood sugar levels. In addition, **vitamin B₆** supports the glycogen metabolism. Glycogen is a storage form of carbohydrates which provides the organism with energy from glucose when needed.

Our special blend of vitamins B₁, B₂, B₆ and B₁₂ is involved in the energy metabolism and contributes to the normal functioning of the nervous system.

One Cinnamon Plus Capsule provides 118 mg of a special, high-quality aqueous extract (16,9:1) from the bark of the Ceylon cinnamon tree, supplemented with valuable B vitamins as well as the important trace elements zinc and chromium to create a dietary supplement for true connoisseurs.

One capsule contain

118 mg aqueous cinnamon extract 16,9:1 (corresponds to 2 g cinnamon powder), 5 mg zinc, 30 µg chromium, 1.4 mg vitamin B₁, 1.6 mg vitamin B₂, 2 mg vitamin B₆, 1 µg vitamin B₁₂.

Ingredients

Cinnamon bark extract 16.9:1 (31.4%); maltodextrine; gelatine; zinc gluconate; bulking agent: cellulose; rice starch; release agent: silicon dioxide and magnesium salts of edible fatty acids; pyridoxin hydrochloride; thiamine mononitrate; riboflavin; chromium(III) chloride; cyanocobalamin; colours: titanium dioxide, iron oxides and iron hydroxides.

Information concerning nutrients and substances with a specific nutritional effect

nutrients	per recommended dose (1 capsule/day)	% of the reference quantity*
aqueous cinnamon extract (16,9:1)	18,0 mg	**
Zinc	5,0 mg	50 %
Chromium	30,0 µg	75 %
Vitamin B ₁	1,4 mg	127 %
Vitamin B ₂	1,6 mg	114 %
Vitamin B ₆	2,0 mg	143 %
Vitamin B ₁₂	1,0 µg	40 %

* Reference quantity pursuant to directive 1169/2011 (EU)

** No reference quantity available



Special note:

The recommended daily dose of 1 capsule should not be exceeded.
Keep it dry, protected from light and not over 25° C.

Dietary supplement**Recommended dosage**

One capsule to be taken with plenty of liquid, once a day.

Note

- Do not exceed the recommended daily dose.
- Dietary supplements should not be used as a substitute for a balanced and varied diet. Make sure you adopt a healthy lifestyle.
- Do not store the product within the reach of small children.