Q10 100 mg capsules
"The high-dose"

Contains: 60 capsules

Information
Each capsule contains 100 mg co-enzyme Q10 – for all those who prefer a high-dose Q10 preparation.

One capsule contains
100 mg natural co-enzyme Q10.

Ingredients
soya oil; gelatine; co-enzyme Q10 (11.9%); moisture retainer: glycerine; stabiliser: monoglycerides and diglycerides of edible fatty acids; moisture retainer: sorbitol; emulsifier: soya lecithins; colours: iron oxides and iron hydroxides, titanium dioxide.

Information concerning nutrients and substances with a specific nutritional effect

<table>
<thead>
<tr>
<th>nutrients</th>
<th>per recommended dose (1 capsule/day)</th>
<th>% of the reference quantity*</th>
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<tbody>
<tr>
<td>Co-enzyme Q10, natural</td>
<td>100 mg</td>
<td>**</td>
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* Reference quantity pursuant to directive 1169/2011 (EU)
** No reference quantity available

Dietary supplement

Recommended dosage
One capsule to be taken with some liquid, once a day.

Note

- Do not exceed the recommended daily dose.
- Dietary supplements should not be used as a substitute for a balanced and varied diet. Make sure you adopt a healthy lifestyle.
- Do not store the product within the reach of small children.