**Sabal-Pumpkin capsules**
mild herbal medicine for consolidating and strengthening the function of the bladder

Contains: 200 capsules

**Information**
Dysfunctions of the urinary system are associated with unpleasant side-effects that often affect the quality of life, such as impaired urination, the feeling that some urine still remains, nocturia (urination at night), or an increased need to urinate urgently.

*Sabal-Pumpkin capsules* from ascopharm contain a special combination of pumpkin seed powder, pumpkin seed oil, and an extract from saw palmetto fruits. These active ingredients complement each other in this combination and have a balancing effect on the entire bladder. They reinforce and strengthen bladder function.

**Composition**
1 soft capsule contains as active ingredients: 50 mg pumpkin seed powder, 60 mg pumpkin seed oil, 7.2 mg dry extract of saw palmetto fruits (8.5-10.5:1). Extraction agent: ethanol 60% (vol.).

Contains soya bean oil, lactose and sorbitol.

Other ingredients: soybean oil, yellow wax, coconut oil, soybean phospholipids, butter fat, lactose monohydrate, formed precipitated silicon dioxide gelatin, glycerol, sorbitol solution 70%, non-crystallizing (Stearate), calculated as dry matter, iron oxide (E 172 ), iron (III) oxide (E 172), iron (II / III) oxide (E172), purified water.

**Dosage and method of administration**
Unless otherwise prescribed, take morning and evening after meals two capsules should be swallowed whole with some liquid.

**Application**
Traditionally used for strengthening and toning the bladder function. This information is based solely on tradition and long experience. For risks and side effects read the package insert and ask your doctor or pharmacist.